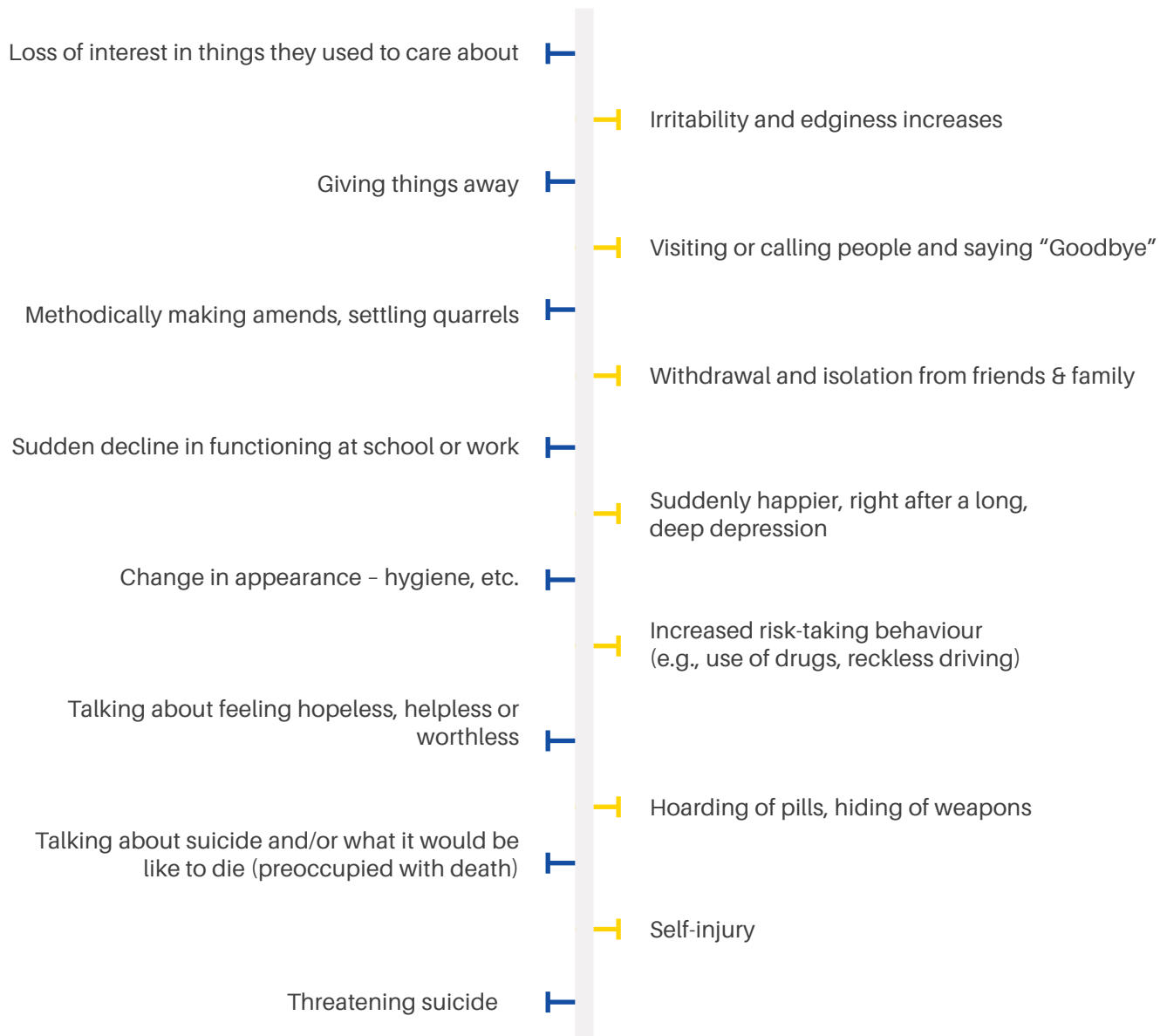


# SUICIDE WARNING SIGNS

Assessing for risk of suicide is challenging. Warning signs are often subtle — and sometimes not so subtle. Many of these warning signs are not overly alarming individually, but collectively they become very concerning. The following are potential signs that could indicate an individual may need help.



## Direct statements:

- "Sometimes I just feel like killing myself."
- "If I killed myself, then people would be sorry."
- "You won't have to worry about me much longer."

## Indirect statements:

- "What's the use of going on."
- "My parents would be happier if I'd never been born."
- "I just can't take it anymore."